



BĚTKA WÓJCIK

TRAINER & FACILITATOR

(list of trainings attached)

Profile Summary

Since 2010 I work with groups in the field of non-formal education. I am passionate about creating and designing educational processes, spaces and methods which can answer group's needs and help to express group's potential. My facilitation is engaging, holistic, practical, people-oriented and mindful. I enjoy both online and offline facilitation and working with people brings me often to the state of "flow".

Contact details

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Working languages

- Czech
- Polish
- English
- Russian

Skills and competences

- Interpersonal communication
- Empathy
- Flexibility
- Digital and online facilitation
- Design of educational processes for different target groups
- Participatory methods and approaches
- Team work

Work experience

FACILITATOR

Theodor-Heuss-Kolleg | February 2020 - 2022

- planning and delivering trainings, facilitation of educational and group processes

TRAINER AND FACILITATOR

Galician Foundation of Development and Education | October 2017 - present

- designing complex educational programs and projects
- main areas: global education, citizenship education and participation
- main target groups: youth and youthworkers from Poland, Georgia and other countries

freelance (local and international NGOs, institutions) | 2016 - present

- designing and conducting workshops and trainings
- main areas: youth participation, non-formal education, youth work, dialogue and communication, group processes, intercultural communication
- cooperation with: NGO Kona, Institut für Auslandsbeziehungen, Polish Institute for Human Rights and Business, German Polish Youth Office, Villa Fohrde, East European Democratic Centre, HumanDoc, The School for Leaders etc.

EDUCATOR

freelance (local and international NGOs, institutions) | 2010 - 2018

- educational projects and workshops for children and youth (cultural and art education, local history, outdoor education etc.)

Main topics/areas of interest in facilitation/trainings

- Communication, Dialogue, Conflict transformation, NVC
- Youth initiatives and youth participation
- Citizenship education and Democracy
- Design of educational processes and nonformal education
- Intercultural communication and competences
- Working with teenagers, children and youth development
- Online learning and facilitation
- Participatory decision making
- Sustainability and SDGs
- Resilience and Self care

Education

CENTER FOR NONVIOLENT COMMUNICATION (CNVC)

Certification process for trainers (2022-present)

COLLEGIUM CIVITAS WARSAW

Postgraduate studies in Nonviolent Communication (NVC) - 2020/2021

WARSAW UNIVERSITY

Master's degree in Pedagogy 2011-2013

JAGELLONIAN UNIVERSITY IN CRACOW

Bachelor's degree in Russian language and culture 2007-2010

COURSES AND TRAININGS

- **Training for trainers - group of practice (NVC)** - September 2021-September 2022
- **Systemic Consensing** - training cycle, Poland, 2022
- **Trauma Informed Collaboration** - training cycle, Greater Than Academy, 2021
- **ToT in non-formal education** - Theodor-Heuss-Kolleg (Berlin) - 2019-2020
- **Dialogue and Conflict Facilitation** - training for trainers, Nansen Center for Peace and Dialogue (Norway) - May 2019-October 2019
- **Digital Facilitation** - Horizontal School (Berlin) - May-June 2020

Selected Facilitation/Training Experiences (2019-2022)

September 2022 - "**Freedom of Choice**" - online workshop on NVC, online facilitation

July-August 2022 - **workshop cycle for active young people from Beskid Niski region**, AktywniejWsi program, Poland

May-June 2022 - **training cycle for teachers on dialogue and empathic communication**, AktywniejWsi program, Poland

May-June 2022 - **training cycle for students on developing competences in communication and dialogue**, AktywniejWsi program, Poland

May 2022 - **workshop on dialogue facilitation for young leaders**, The School for Leaders, Poland, online facilitation

May 2022 - **training for trainers in the frame of the project "Sustainable Development Through Advocacy in War Affected Communities in Georgia"**, Mtskheta-Mtianeti Regional Hub, Georgia

May 2022 and August 2022 - **facilitation of the international training on sustainability in youth work, "NOW - Create a Good World for Future Generations"**, Villa Fohrde, Germany and Galician Foundation of Development and Education, Poland

December 2021-March 2022 - **facilitation of the group practice in NVC**, Galician Foundation of Development and Education, online facilitation

December 2021 - May 2022 - training cycle "**Basis of Nonviolent communication in youthwork**", Galician Foundation of Development and Education, online and offline facilitation

October - December 2021 - training cycle "**Working with youth based on empathy and participation**", Galician Foundation of Development and Education, online facilitation

September 2021 - workshop "**International partnerships and cooperation**", East European Democratic Center, online facilitation

September - October 2021 - **training cycle for teachers "Belorussian children at Polish schools"**, HumanDoc Foundation, Poland, online facilitation

June 2021 - moderation of **Kick-off event** of Cross Culture Program, Institut für Auslandsbeziehungen, online facilitation

June 2021 - **cycle of workshops on global education and ESD** for teachers and youthworkers from Poland and Germany, German Polish Youth Office, online facilitation

June 2021 - **workshop on facilitation of public consultations**, Polish Institute for Human Rights and Business, online facilitation

June 2021 - **facilitation of series of public dialogues**, Polish Institute for Human Rights and Business, online facilitation

February 2021 - March 2021 - **cycle of workshops on dialogue and communication** for students, Galician Foundation of Development and Education, online facilitation

December 2020 - February 2021 - **facilitation of "Online Youth Exchange"** online facilitation

November 2020 - **training "Digital tools in education and youth exchanges"** - for teachers and educators from Poland and Germany, German-Polish Youth Office, online facilitation

September 2020 - **training "Diagnosis of needs in local communities"** - for activists and NGO workers from Belarus, East European Democratic Centre, online facilitation

September 2020 - **design of the training module for trainers in Georgia** in the frame of the project Visegrad Mentorship Academy for War Affected Youth in Georgia, For Better Future

August 2020 - **training on Intercultural communication** - Cross Culture Program, Institut für Auslandsbeziehungen, online facilitation

June 2020 - **training "Working with youth online - digital tools and best practices"** - for international group of youthworkers, Theodor Heuss Kolleg, online facilitation

May 2020 - December 2020 - **facilitation of Open Talks Cycle** for international group of youthworkers and youth activists, Theodor Heuss Kolleg, online facilitation

May 2020 - **facilitation of Evaluation workshop** for participants of Program AktywniejWsi (for active youth from rural areas in Poland, Galician Foundation of Development and Education, online facilitation

January 2020 - **facilitation of Evaluation workshop** for participants of Program BeInvolved (youth activists and youthworkers in Georgia), topics: evaluation and networking, NGO Kona

September 2019 - **Training on youth participation and realisation of local initiatives** for youth workers and youth activists in Georgia (topics: Youth participation, Citizenship education, Communication), NGO Kona

July 2019-March 2020 - **facilitation of the cycle of 6 workshops** (15 days) for participants of Program AktywniejWsi (active youth from rural areas, (topics: Project Management, Local diagnosis, Global education, Citizenship education and Democracy, Evaluation), Poland, Galician Foundation of Development and Education & Theodor Heuss Kolleg

April 2019 - workshop on **Working with teenagers - facilitation and participatory approach** in the frame of international Theodor-Heuss-Kolleg Gathering in Tbilisi, Georgia

July 2018-March 2019 - **facilitation of the cycle of 6 workshops** (15 days) for participants of Program AktywniejWsi (active youth from rural areas, (topics: Project Management, Local diagnosis, Citizenship education and Democracy, Creative Thinking, Evaluation), Poland, Galician Foundation of Development and Education & Theodor Heuss Kolleg

April 2018 - July 2018 - **training cycle "Be Involved - supporting youth initiatives in Shida Kartli region"** (15 days) for youth (realisation of local initiatives based on diagnosis of needs), Georgia, NGO Kona